



# student life

programs & services

16-17





# Division of Student Life

8 departments  
27 locations  
65 offerings



**embedded services**

**Meeting students where they are in the community.**

Through our partnerships in all corners of the campus, we improve student access to our services by embedding staff in key locations.

- LS** Academic Learning Strategist
- CE** Career Educator
- TA** International Transition Advisor
- FC** Family Care Office Advisor
- AH** Aboriginal Learning Strategist
- WC** Health and Wellness Counsellor
- HS** Housing Services
- MF** Mindfulness Workshops

**Aboriginal Student Services**  
First Nations House

**Health and Wellness**  
Health & Wellness Clinic  
Health Promotions

**Hart House**  
Arts & culture  
Recreation & athletics  
Civic engagement

**Student Experience**  
Community Partnership  
Multi-Faith Centre  
Student & Campus Development  
Conflict Resolution  
Assessment & Analysis

**Student Success**  
Academic Success  
Accessibility Services  
Career Centre  
Housing Service

**International Experiences**  
Safety Abroad  
Student Learning & Programs  
Student Mobility

**Academic and Crisis Support**

**Divisional Support**  
Communications  
Chief Administrative Office  
Information Technology  
Information Projects



# By the Numbers



**4312**  
work-study positions



**40,841**  
student positions for students from



**230,333**  
visits to @UofT Blog

**219,969**  
visits to Ulife website



**1225**  
students participated in a student exchange



**761**  
students participated in Career Exploration


**3,625**  
organizations posted on the Career Learning Network

visits to Health and Wellness Services

**BETTER STARTS HERE**

**59,212**

**49,060**  
students logged into MyRes to apply for residence



**27,470**  
sets of notes provided by

**1,017**  
volunteers using the note taking service



"First in the Family"

**871**  
First Generation students who participated in FG programming

in **10** years:  
**17,552**  
students have taken a community-engaged learning course

**ASKme 5,013**  
ASKme inquiries at booths during Orientation 2015

**3,128** students wrote **14,402** accomodated exams



# By the Numbers – Student Engagement/Student Input

## Co-Curricular Record



**4300+**  
Opportunities  
in the database



**10,571**  
Validations  
of CCR programs



**9,000+**  
Students  
with a CCR

**A<sup>+</sup>**

**+ 0.34**  
GPA Increase  
average per CCR user



**8**

Club  
Hubs

Faith and Spirituality  
Mentorship  
21 Sussex Clubs  
SGDO  
Anti-Racism  
Career Club Hub  
Community Outreach  
Arts & Creative



**14**

Student Advisory  
Committees

CIE Student Experience  
FNH Students  
Housing Services  
Student Faith Leaders  
Health & Wellness  
CCP and Alumni  
Accessibility Focus Group  
ASC Peer Staff  
Allocation of Student Space  
Student Initiative Fund  
GradLife  
Ulife  
CCR Consultations  
SL Community Crew



**6**

Major Student  
Consultations

» Multi-Institutional Study  
of Leadership

» Multi-Institutional Study  
of Knowledge and Awareness  
of First Nations Issues

» Canadian Professional  
Graduate Student Survey  
American College Health  
Assessment

» Aggression in Social Media  
Use Research Project

» Assessment Competency  
Framework

» 8 Professional  
Development Session  
Workshop Series

[FUTURE STUDENT SUPPORT](#)[ACADEMIC PROGRAMS](#)[ACADEMIC SUPPORT](#)[FINANCIAL ASSISTANCE](#)[ELDERS](#)[ABORIGINAL COMMUNITY](#)[STUDENT LIFE](#) > [ABORIGINAL STUDENT SERVICES](#) > [ELDERS](#)[CONTRAST OFF](#) [SHARE](#)   

## ELDERS

Elders are vital to the Aboriginal community. First Nations House offers students the opportunity to meet with Elders and Traditional Teachers for support, guidance and teachings.

Elder in Residence [Andrew Wesley](#) is available every Thursday at First Nations House for appointments.

Traditional Teacher in Residence [Lee Maracle](#) meets with students every Monday and on Tuesdays from 10 a.m. to noon.

### Visiting Elders

First Nations House invites Elders from a variety of communities and experiences to provide teachings. To find out when the next teaching is being held check out our events listings on our [Facebook page](#), [follow us on Twitter](#) or [join our FNH list serve](#) to receive weekly information about upcoming events and opportunities.

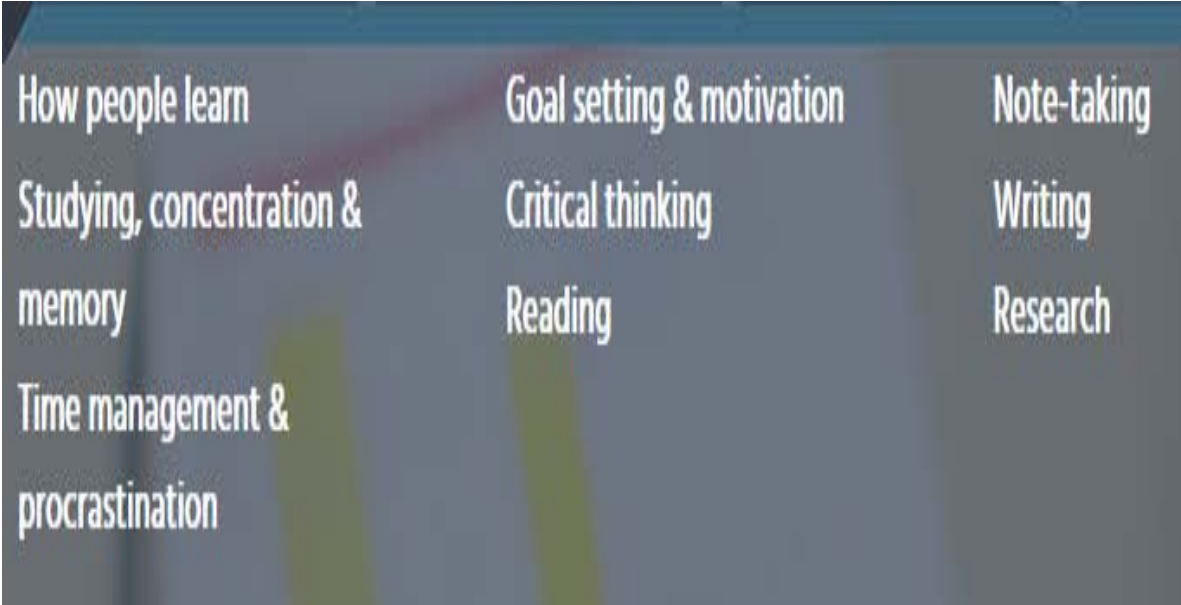


## Graduate and professional students

Graduate and professional students can access the following services and supports at FNH:

- Meet with the [Aboriginal Learning Strategist](#)
- Get help with academic planning
- Advocacy for academic issues
- Access the Resource Centre and Computer Lab (see above)

# Academic Success Centre



## Reading and Note-Taking

January 26, 5 p.m. - 6:30 p.m.  
Blackburn Room – Robarts Library

## Effective Writing

February 2, 5 p.m. - 6:30 p.m.  
Blackburn Room – Robarts Library

## Exam Preparation & Anxiety

February 9, 5 p.m. - 6:30 p.m.  
Blackburn Room – Robarts Library

## Avoiding Procrastination

February 23, 5:30 p.m. - 7 p.m.  
Blackburn Room – Robarts Library

## Learning Styles

March 1, 5:30 p.m. - 7 p.m.  
Blackburn Room – Robarts Library

## Memory and Concentration

March 8, 5:30 p.m. - 7 p.m.  
Blackburn Room – Robarts Library

## Critical Thinking

March 15, 5:30 p.m. - 7 p.m.  
Blackburn Room – Robarts Library

## Giving Presentations

March 22, 5:30 p.m. - 7 p.m.  
Blackburn Room – Robarts Library

## Managing Stress to Increase Learning

March 29, 5 p.m. - 6:30 p.m.  
Blackburn Room – Robarts Library

## Multifaith Centre

The Multi-Faith Centre develops programming with students, staff, chaplains and faculty to explore religious and spiritual pluralism, personal and community development and interfaith cooperation for social justice. Students develop their skills as critical thinkers, ethical decision makers and socially responsible citizens for a multi-faith global society.



Reading Abrahamic Scriptures

Together (RAST)

Eco-Spirituality Programming

Muffin Madness

Being Authentic

Massage Wednesdays

Spirituality and Social Justice

Film Series

Jewish - Muslim Women's

Dialogue

Journey dance

P is for Presence; O is for

Overwhelmed!

Queering religion

Religion, Comedy and Free

Speech Symposium

Economic Justice, Homelessness

and Urban Planning

Re-imagine Everything

Tibetan Buddhist Sand Mandala





# Graduate Student Success

- » Grad E-News
- » International Grad E-news
- » Flexible Futures Career Week
- » Embedded Health Counsellor
- » Essential Grad Guide
- » Gradlife Website
- » Conflict Resolution Centre
- » Grad Escapes
- » Thesis writing groups

## essential grad guide

15.16

UNIVERSITY OF TORONTO  
SCHOOL OF GRADUATE STUDIES



### Optimize Your Graduate Experience and Beyond



For more information and to register, please visit: [uoft.me/Optimize](http://uoft.me/Optimize)

5:30 - 9:00 pm  
Wednesday October 28

Hart House Music Room, 7 Hart House Circle

Learn effective strategies for dealing with issues relevant to graduate students and hear tips on planning for a career beyond academia. The evening will finish with a social.

Light refreshments will be served.



Be Kind  
Be Curious  
Be Accurate  
Be Timely  
Be Yourself.

Centre for Conflict Resolution (CRC)  
for Graduate Students  
[www.crc.utoronto.ca](http://www.crc.utoronto.ca)







## Grad Escapes

Grad Escapes are social outings around the city just for graduate students. Upcoming events include a ROM tour, skating, a trivia night, and a volunteer opportunity.

GRAD ESCAPES ►

## Grad Talks

Talk topics this term include writer's block, dealing with your supervisor, budgeting, and storytelling.

GRAD TALKS ►

## Grad Opportunities

Check out campus opportunities, including work study and internship positions.

GRAD OPPORTUNITIES ►

## Gradlife Blog

Our blog features regular graduate student bloggers and guest bloggers. If you want to be a guest blogger and have writing experience, let us know.

GRADLIFE BLOG ►

## Grad Wellness

Being a graduate student can be overwhelming. There are campus resources and services to support wellness.

GRAD WELLNESS ►

## Grad Articles

Read about issues and topics relevant to graduate students; learn tips for success.

GRAD ARTICLES ►

### Tweets

Follow



**U of T Gradlife**  
@UofTGradlife

22 Jan

Check out the #LGBTQ day of movement with @MoveUofT at the Athletic Centre! @UofTStudentLife @UofTSGDO 2-8pm [pic.twitter.com/TuiF2NIIKe](https://pic.twitter.com/TuiF2NIIKe)

Show Photo



**U of T Gradlife**  
@UofTGradlife

21 Jan

"NOW is important, now is the most important moment in the world" #ccpuoft



**U of T Gradlife**  
@UofTGradlife

21 Jan

Wonderful humour, spoken word, and words of wisdom from a great artist #ccpuoft [pic.twitter.com/IOsNAODNvc](https://pic.twitter.com/IOsNAODNvc)

Tweet to @UofTGradlife



# International Students and Opportunities

- » E-news
- » Expanded Intercultural Learning
- » Internationalisation at Home
- » Pre-Orientation Week
- » Expanded Internships Abroad
- » Expanded Summer Research Abroad

experience the world.

choose your own adventure

**Student Exchange Program**  
6 continents | 40 countries | 140+ partner institutions

UNIVERSITY OF TORONTO

## Let's talk culture!

Meet new people and learn about different cultures while getting credit on your **Co-Curricular Record** in the Intercultural Learning Program. Go on fun outings and discuss how culture shapes the way you understand the world around you.

*This program is open to all students – you can even participate while you're on exchange!*

Sign up now and visit [uoft.me/ILP](http://uoft.me/ILP) for more information

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CCR APPROVED

## International Transition Advisors

Ask us for help with cultural transition, building your community, academic adjustment, your search for work, volunteer or leadership opportunities and more.

Ask us about increasing your intercultural skills or exploring study abroad opportunities.

**We can help you get started.**

Students can meet at any of the office hours offered by their advisor.

**Book an appointment:**  
[uoft.me/transitionadvising](http://uoft.me/transitionadvising)

Your International Transition Advisors:  
**asim · erika · marc · nicole**



## Health & Wellness

- » Integrated Health & Wellness Model
- » HealthyUofT initiative
- » Ask First Consent Campaign
- » Expanded Embedded Counsellors
- » Additional doctors/nurses in clinic
- » Mental Health literacy training
- » Safety Cards
- » Mindful Moments Expansion
- » Expanded Strength Based Programming



**mindfest**  
PARTICIPATE • EDUCATE • CELEBRATE





# New Initiatives

## » From Intention to Action (FITA)

Partnership between Faculty of Social Work and the Academic Success Centre

## » Integrated Health and Wellness

- Clear and guided pathways
- Centralized services, reduced duplication
- Stepped care model
- Episodes of mental health care
- Interdisciplinary care teams
- More consultative psychiatry role

## » Conflict Resolution Centre

Partnership with Faculty of Social Work

## » Ask Big Questions

## » T-Card Photo Storage Project

**a student's life isn't simple.  
we're here to help.**

Balancing school and life can be overwhelming; we know that being a student isn't just about making the grade. Learn the skills you need to manage stress and your studies in the **From Intention to Action program (FITA)**.

Work one-to-one with supportive people who understand.

Visit [uoft.me/FITA](http://uoft.me/FITA) today to get started.  
Program runs from September-April.

**fitA**  
Faculty of Social Work  
Academic Success Centre,  
Faculty of Social Work  
and Ontario Institute for Studies in Education (OISE)

**UNIVERSITY OF TORONTO**

# WHAT DO WE CHOOSE TO IGNORE

**Can we change the world through better conversation?**  
We believe we can.

Ask Big Questions is a one day training workshop and year-long coaching process to develop the capacity of students to engage in reflective conversations amongst diverse groups of people for the common good and build community on campus.

Understand yourself. Understand others.  
Lunch included.

**ASK BIG QUESTIONS**

Sunday October 25  
10 AM – 5 PM  
Innis College  
111 St. George St

Register at:  
[uoft.me/BigQuestions](http://uoft.me/BigQuestions)

**BETTER  
STARTS HERE**



# Supporting our Diverse Student Body



## Optimize Your Graduate Experience and Beyond



career centre  
CENTRE FOR CAREER DEVELOPMENT



### DREAMJOB ACADEMY

*Dream Big, Start Now.*

The Dream Job Academy is an arts-based career exploration program designed to help students explore passions, values and potential careers.

Over the course of six sessions, you will engage in arts, narrative and play-based activities and experiences.

FRIDAYS, 11 am to 1 pm  
Oct 30, Nov 6, 13, 20, 27, Dec 4

Students must register at: [cfn.utoronto.ca](http://cfn.utoronto.ca)

7,925  
Part-Time students  
accessed C1N

1,523  
Participated in Workshops

896  
Went to a Career Fair

wantpreneurs  
wanted



## What is it like to be out at work?

The Career Centre invites you to meet young LGBTQ professionals who will discuss coming out and being out at work.



Offered in conjunction with Queer Orientation week through the Sexual and Gender Diversity Office  
Wednesday, September 23, 5 - 7 pm // Career Centre Main Space // [uoft.me/queer-orientation](http://uoft.me/queer-orientation)



# Partnerships: Entrepreneurial Eco-system

\$1.3B in External Research Funds

## Entrepreneurship @ U of T

- Fellowships
- Advice
- Access to funds
- Workshops
- Mentoring
- Courses
- Presentations
- Space
- Facilities
- Access to equipment

Banting and Best Centre for Innovation and Entrepreneurship (BBCIE)

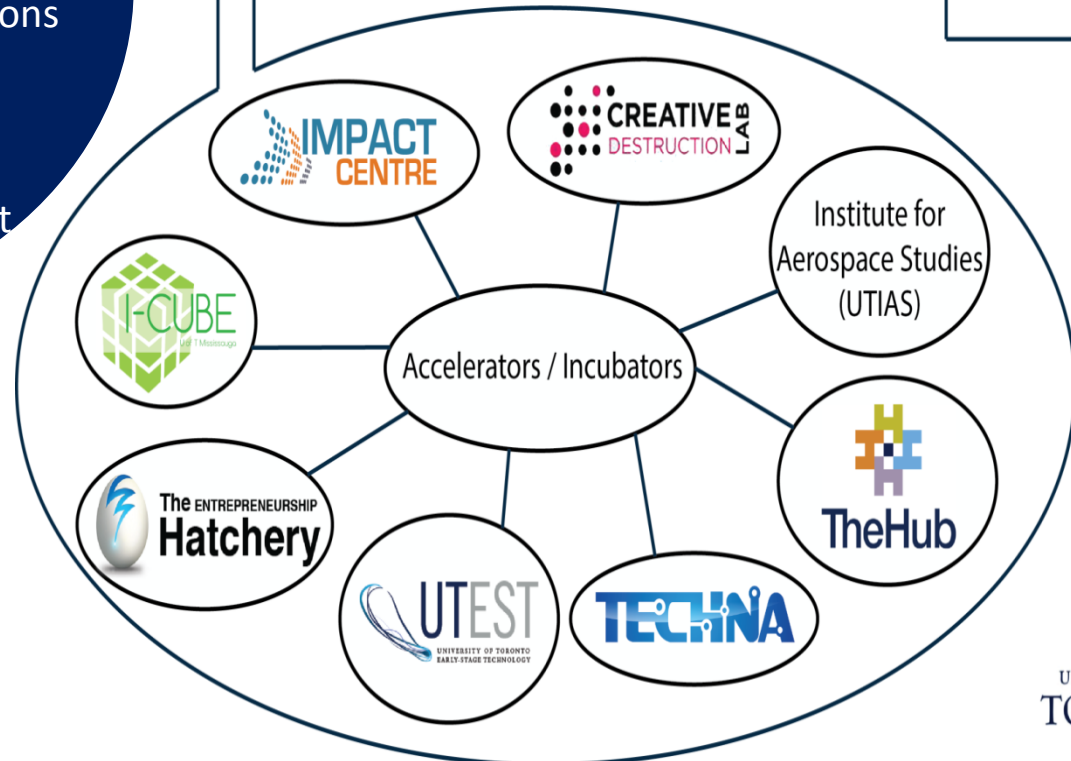


Services and Support Hub

20 Companies

Four Centres for Commercialization

Innovations & Partnerships Office





# Planning Through Strategic Alignment

## Presidential Priorities

1

**Leverage our urban location more fully for the mutual benefit of university and city**

Urban research

Urban teaching

Local outreach/partnership

Strengthening the built environment

2

**Strengthen international partnerships**

Institutional partnerships

Student Mobility

Student Recruitment

International presence and profile

3

**Rethinking undergraduate education**

Research-based learning

Experience-based learning

International learning

New learning modes and technologies

Facilitating the transition from study to work

## Student Life Priorities

1

**Creating the conditions that allow students to flourish**

Resiliency/healthy lifestyle

Sexual violence prevention

Graduate student supports

International student support

Conflict Resolution – pilot

Community connections

Strengthen communications

2

**Expanding experiential opportunities**

Global experiences/literacy

Community-engaged learning

Transition to careers

3

**Measuring our progress**

Assessment

Student-informed development of initiatives

# Proposed Fees for 2016/17

	<b>2016/17</b>	<b>2015/16</b>	<b>\$ Increase</b>	<b>% Increase</b>
St. George FT	\$148.38	\$145.29	\$3.09	2.13%
St. George PT	\$29.68	\$29.06	\$0.62	2.13%
UTM	\$0.00	\$0.00	\$0.00	0%
UTSC	\$0.00	\$0.00	\$0.00	0%